

34th BIRMINGHAM HEART OF ENGLAND CONVENTION 26th 27th 28th 29th July 2023

Thursday 3pm	9.00PM	REGISTRATION DESK	
5.00pm	6.30PM	EARLY BIRDS PLATFORM MEETING	(for AA's only)
6.30PM	8.00PM	RESIDENTS DINNER	<i>* please have your wristband *</i>
8.30PM	10.00PM	EVENING A.A PLATFORM MEETING	(for AA.'s only)

FRIDAY 7.00am	10.00PM	MEDITATION ROOM	** check notice board for program **
7.00am	9.00AM	Morning meditation	(open to all)
7.30am	10.00AM	RESIDENTS BREAKFAST	<i>* please have your wristband *</i>
9.00am	ONWARDS	REGISTRATION DESK and INFORMATION DESK	
11.15am	12.15PM	MEDITATION CLASS	(open to all)
2.00PM	11.00PM	TEA AND COFFEE STATIONS	OPEN TO OUR CONVENTION ONLY PLEASE SUPPORT
12.30pm	2.00 PM	1 ST A.A. PLATFORM MEETING	(for AA's only)
2.00pm	3.00PM	MEDITATION CLASS	(open to all)
3.00pm	4.00PM	MEDITATION CLASS	(open to all)
3.00pm	6.00PM	ALANON COME & GO MEETINGS different theme each hour	(for Al-Anon only)
4.00pm	1.00AM	A.A. TOP TABLE MEETINGS (every 2 hours start)	Experience Strength and Hope (for AA's only)
4.00pm	1.00AM	A.A.MARATHON MEETINGS (come and go)	New topics every hour (for AA's only)
5.00pm	6.00pm	MEDITATION CLASS	(open to all)
10.00am	6.00pm	BIRMINGHAM ARCHIVE DISPLAY	
6.30pm	8.30PM	RESIDENTS DINNER	<i>*please have your wristband *</i>
8.00pm	10.00PM	ALANON COME & GO MEETINGS (different themes)	(for Al-Anon only)
9.00pm	10.30PM	MAIN OPENING SHARED PLATFORM MEETING	(open to all)
10.30pm	LATE	JAMMING SESSION AND SING ALONG ALL WELCOME	You must have Badge on to enter
10.45pm	11.45PM	QUIZ NIGHT	(open to all)
1.00am	ONWARDS	A.A. NIGHT OWLS MEETING	(for AA's only)

Saturday 7.0am	10.00pm	MEDITATION ROOM	**check notice board for program**
7.00am	9.00am	Morning meditation	(open to all)
7.30am	10.00am	RESIDENTS BREAKFAST	<i>* please have your wristband *</i>
9.00am	ONWARDS	REGISTRATION DESK AND INFORMATION DESK	
10.30am	TILL LATE	TEA AND COFFEE STATIONS	OPEN TO OUR CONVENTION ONLY PLEASE SUPPORT
10.00am	ONWARDS	BIRMINGHAM ARCHIVE DISPLAY	
10.00am	1.00AM	A.A.TOP TABLE MEETINGS (every 2 hours)	Experience Strength and Hope (for AA's only)
10.00am	1.00AM	A.A.MARATHON MEETINGS (come and go)	New Topics every hour (for AA's only)
10.30am	NOON	MAIN SHARED PLATFORM MEETING	(OPEN TO ALL)
10.30am	NOON	ALANON MEETING (theme keeping my serenity)	(for Al-Anon only)
NOON	3.00pm	FOOD OUTLETS AVAILABLE AT GULD BAR and HOTEL BAR FOR LUNCH	
NOON	1.00pm	Meditation class connection with steps 2,3 and 11	(open to all)
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1.00pm	2.00pm	Meditation class emotional freedom therapy and heart	(open to all)
12.15pm	1.45pm	ALANON/ ADULT CHILDREN OF ALCOHOLICS	(open to all)
2.15pm	3.45pm	SHARES ON HOW AND WHY A.A STILL WORKS TODAY	(OPEN TO ALL)
3.00pm	4.00pm	Meditation class	(open to all)
3.00pm	6.00pm	ALANON COME & GO MEETINGS (3 different themes)	(for Al-Anon only)
4.00pm	5.30pm	SHARES FROM A.A. OLD/LONG TIMERS MEETING	(for AA's only)
4.00pm	5.00pm	Meditation class	(open to all)
5.00pm	6.00pm	Meditation class	(open to all)
PLEASE BE PROMPT 6.30pm	8.30pm	RESIDENTS GALA DINNER	<i>wristbands please (PLEASE BE PROMPT AND SEATED BY 6.30PM)</i>
8.00pm	10.00pm	ALANON COME & GO MEETINGS (2 different themes)	(for Al-Anon only)
8.30pm	9.15pm	LIVE BAND FOR DANCING THE NIGHT AWAY OPEN TO ALL	(YOU MUST HAVE YOUR BADGE ON TO ENTER)
9.15pm	9.45pm	RAFFLE DRAW	(YOU MUST BE THERE TO CLAIM PRIZES)
9.45pm	LATE	LIVE BAND FOR DANCING THE NIGHT AWAY OPEN TO ALL	(YOU MUST HAVE YOUR BADGE ON TO ENTER)

Sunday 7.00am	8.00AM	MEDITATION ROOM	(OPEN TO ALL)
7.30AM	10.00AM	RESIDENTS BREAKFAST	<i>* please have your wristband *</i>
9.00AM	11.00AM	REGISTRATION DESK AND INFORMATION DESK	
10.30AM	2.00PM	TEA AND COFFEE STATIONS	OPEN TO OUR CONVENTION ONLY PLEASE SUPPORT
10.00AM	11.30AM	ALANON COME AND GO MEETING (final thoughts)	(for Al-Anon only)
10.00AM	11.30AM	11 TH STEP SHARED PLATFORM MEETING	(OPEN TO ALL)
NOON	1.15PM	FINAL GATHERING MEETING & SOBRIETY COUNTDOWN	(OPEN TO ALL)
8.30PM	10.00PM	A.A. LATE STAYERS MEETING	(FOR AA'S ONLY)

*** REGISTRATION FEE IS TO BE PAID BY ALL ATTENDEES HOTEL GUEST AND DAY VISTORS IT COVERS ALL EVENTS THURSDAY, FRIDAY, SATURDAY AND SUNDAY***

***PLEASE WEAR YOU'RE BADGE AT ALL TIMES WHEN ENTERING MEETING ROOMS AND SATURDAY NIGHT DANCE .**

HOTEL RESIDENTS MUST SHOW THERE WRISTBANDS, AS THESE ARE FOR YOUR FOOD

Agenda is subject to changes nearer to convention date.